# Outcome Mapping for Measuring and Monitoring Gender Behavior Change

CARE USA's Pathways Program

Dr. Pranati Mohanraj
Technical Advisor – Monitoring, Learning and Evaluation
CARE USA



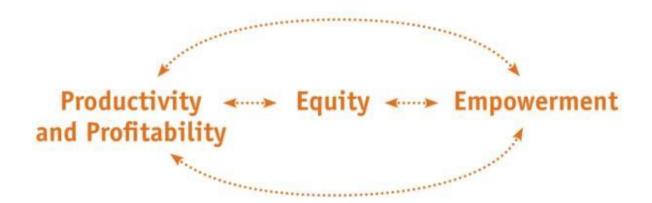
## **Presentation Outline**

- How Pathways program used OM to evaluate genderrelated behavior changes in a gender and agriculture program
- How we used those Progress Markers to create a common framework of indicators for monitoring genderbehavior change within and across countries

#### CARE PATHWAYS THEORY OF CHANGE

### More Secure and Resilient Livelihoods

Food and Nutrition Security, Coping and Adapting Ability



## 1 Capacity

CHANGE LEVER

Knowledge, skills and relationships

Self-confidence and conviction of power

## 2 Access

CHANGE LEVER

Access to productive resources, assets and markets appropriate and reliable services and input

## 3 Productivity

CHANGE LEVER

Improved yields and income through the adoption of sustainable agriculture and value addition

# Household Influence Contribution to

HANGE

Contribution to and influence over income and decision-making

## **Enabling Environment**

More positive and enabling attitudes, behaviors, social norms, policies and institutions

CHANGE LEVER







## The Farmer Field and Business School

- Sustainable agriculture
- Market engagement
- Nutrition
- Gender & empowerment
- Group Strengthening
- Participatory Monitoring
  - ✓ Seasonal Planning
  - √ Toolkit
  - ✓ Community Based Trainers

Changing the behaviors, practices and beliefs of:

- Men, boys and power holders
- Input suppliers, traders, financiers
- Government officials, policy makers
  - ✓ Women as viable farmers, market actors, leaders
  - ✓ Challenging underlying social norms & practices
  - ✓ Access to productive resources

## Monitoring, Evaluation and Learning



Baseline and End-line -Tracking indicators including:

Household Dietary     Diversity (HHDD Scale)	2. Adaption and Coping Strategies (CSI tool)	3. Women's Empowerment in Agriculture (WEI)
4. Yield (production)	5. Income & Savings	6. Access to Services

- Mid term Review (2014) using Outcome Mapping
  - Intra-household & social norm change; men's engagement
- Annual Review Studies
  - Yield, income, gender, decision making
- Participatory Performance Tracker (PPT)
  - Individual adoption of practices, group performance

## Mid-term inquiry: How do we interpret changes at the household level?



## **Purposes:**

- 1.Explore changes in women's Intra-household Influence and the enabling environment
- 2. Adjust and improve gender strategies
- 3. Build staff qualitative capacities
- 4. Contextualize and localize meanings of key terms (empowerment, decision-making)

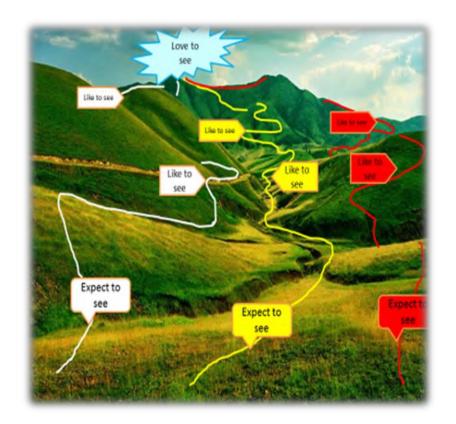
Themes
Decision-making
Women's empowerment
Men's engagement
Community leaders' views

## **Key OM concepts applied in mid-term review (MTR)**



 An Outcome Challenge describes the ideal changes in behavior, relationships, activities, actions of people, groups, and organisations with whom the programme works directly.

Progress Markers are a graduated set of statements describing a progression of changed behaviours of the people, groups, and organisations with whom the program works directly, leading to the ideal outcomes described in outcome challenge



## **Pathways MTR Methodology**



## **Key questions:**

- •Are we on track toward equity and empowerment?
- •If yes, what is supporting those changes?
- •If not, how can we adjust the program?



## Outputs of the MTR (per country)



#### **Progress Markers**

#### **Expect to see Women**

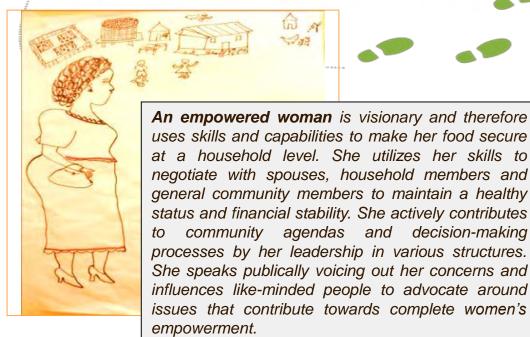
- o Increase agro-economic knowledge & skills
- Adapt new agricultural system
- Exchange ideas & experiences among themselves
- Establish small businesses
- o Go to different places, i.e. market, outside the village, ...
- Join collectives
- Make decisions like food purchases or school fees

#### Like to see Women

- o Use agro-inputs
- Advise husband on agronomic practice
- Provide for domestic needs
- Manage their own life, esp. paying school fees
- Work with husband to increase production
- Ask husband to help with land cultivation
- Own farmland
- Travel outside village to buy property or do business
- Participate in sharing financial decisions
- Make joint income decisions with the husband

#### Love to see Women

- Advise husband on medical insurance
- Make decisions w/o consulting husband
- o Decide on eating, marketing, & selling
- Sit with husband to solve conflicts
- Being more confidence to speak up in the community
- Take up leadership roles in the community or church
- Keep family money



A male champion recognizes his integral role in his family and community. He ensures that his family is food and economically secure by utilizing skills acquired. He appreciates and respects his wife. He values his wife's opinions in decision-making. He reduces woman's workload. He advocates for women's rights and ending gender based violence. He promotes change in the community by actively participating in development activities.

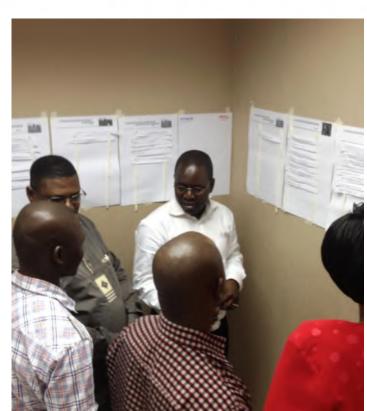
Malawi - Outcome Challenge - Women

Malawi - Outcome Challenge - Men

## Next steps: how do we monitor the behavior changes?



- Narrowed down the categories and behavior changes;
- •Refined a *graduated, context-specific* set of behaviors per country;
- Identified common indicators across countries;
- Identified approaches for integrating into Pathways M&E system



## **Process**



#### **Initial Outcome** 5 common categories to **Common Gender-Challenges and Progress** structure the behavior indicator Framework Markers change indicators 1. Gender division of labor & OC + PMsGraduated set of workload sharing India **Progress Markers** reflecting behavior MTR Data changes for each OC + PMs2. Intra-household negotiation, category Malawi communication & decision making **Standardised** Expect to see behavior □... Initial Progress Markers □... change OC + PMs3. Control of income & productive □... gender-Ghana assets / resources Like to see indicators for □... **PATHWAYS** OC + PMs4. Self-confidence, autonomy & Love to see Mali leadership □... □... □... OC + PMs5. Intimicay & harmony in the

For Women and Men,

Per Country

relationship

For both Women and Men

Tanzania

Pathways communities during the MTR

Generated by Women and Men in

## Step 1. Defining the categories to structure the behavior changes

Category	Women	Men
1	Gender division of labor and workload sharing	Gender division of labor and workload sharing
2	Intra-household negotiation, communication & decision making	Intra-household negotiation, communication and decision-making
3	Control of income and productive assets / resources	Sharing control of income and productive assets / resources
4	Self-confidence, autonomy and leadership	Role modeling and respecting women's rights and value (in public)
5	Intimacy and harmony in the relationship	Intimacy and harmony in the relationship

# Step 2: Sorting the progress markers in the 5 categories











## **Step 3: Peer review of the progress markers**









## **Step 4: Category review across countries**



#### Collective revision per category

- 1. Read the PMs together
- 2. Discussed similarities & differences
- 3. Identified those that are identical or very similar in nature
  - Coded them with the number of times they appeared (starting from at least 3 times)
- 4. Are there any PMs that are not belonging to this category? discussed why?
- 5. Discussed ways of which PMs can be combined







# Step 5. Formulate a graduated set of behavior changes for each category (per country)







Love to see (Deep transformation)

## **Progress Marker Check list**

- ✓ Max 6-8 PMs per category
- Describes a change in behavior
- ✓ PMs as 'men/women (active sense)...'
- ✓ Is it specific enough?
- ✓ Not ambiguous or open for interpretation
- ✓ Can it be monitored & observed?



(Early positive responses)

## THE FINAL SET OF PROGRESS MARKERS (PER CATEGORY)



#### **Graduated set of progress markers for women (Malawi)**

PROGRESS MARKERS FOR WOMEN (MALAWI)									
	Category 1: Gender division of labor / workload	Category 2: Intra-household negotiation, communication, decision-making	Category 3: Control of productive assets & resources	Category 4: Self-confidence, autonomy & leadership	Category 5: Intimacy and Harmony in household				
Expect to see	Women ask husbands for support with household tasks (cooking, fetching firewood and water, childcare)	Women ask husbands to allocate a plot for them to grow groundnut and soya	Women purchase small household items (soap, food, clothes), and pay maize milling services	Women travel outside villages by themselves					
Like to see	Women cultivate together with husbands in <i>all</i> crops	Women independently decide what crop variety to plant/business to start  Women negotiate collectively with community leaders for fertile land to grow own crops  Women make suggestions to husbands with regard to HH decisions (education, children, school fee's, clothes, marriage, food)	Women invest in productive assets and inputs (livestock, seeds and fertilizer) and pay for school fees  Women manage their own piece of land (family, rented, owned, etc.)  Women manage their own income (& avoid conflict)  Women diversify their enterprises and income sources	Women dress nicely and look good (have bathed, combed hair, put lotion, clean clothes)  Widowed /divorced women freely choose not to remarry (to maintain financial independence and make their own decisions)  Women negotiate for better marketing terms for agriculture crops  Women stop doing casual labour	Women communicate with husbands about sexual needs				
Love to see		Women make their own production decisions around soya and ground nuts	Women decide independently how to spend their own money	Women publically speak out against GBV Married women consult local leaders for advice on their relationship and problem solving	Women resolve conflicts amicably and in a non-violent way				

## THE FINAL SET OF PROGRESS MARKERS (MEN)



### **Graduated set of progress markers for men (India)**

PROGRESS FOR MEN (IN INDIA)										
	Category 1: Gender division of labor & workload sharing	Category 2: Intra-household negotiation, communication & decision-making	Category 3: Sharing control of income & productive assets/ resources	Category 4: Role modeling & respecting women's rights/value (public)	Category 5: Intimacy and harmony in the relationship					
Expect to see	Men help women in fetching drinking water and firewood collection		Men support women to adopt improved agricultural practices, to access agricultural tools and information  Men supporting women financially in income generating activities							
Like to see	Men take up responsibility for household work when women are traveling outside the village  Men work alongside with women in agricultural activities such as transplanting and weeding	Men share information on household incomes and expenditures with their wives		Men vote and publicly speak for women's leadership position in collectives and in local governance systems						
Love to see	Men do household work (cooking, cleaning, washing clothes, child care) to reduce their wife's burden Men wake up early to help with the house hold chores	Men seek suggestions and views from their wives during decision making around incomes and expenditures at household level	Men put the name of their wives as primary title holder in claim applications for forestland rights	Men consume less alcohol and stops violence against women	Men spend more leisure time with their spouses  Men spend more time with their children  Men respect the desires of their counterparts					

#### GRADUATED SET OF BEHAVIOR CHANGES FOR WOMEN IN MALAWI



#### Expect to See

- Women ask husbands to allocate a plot for them to grow groundnut and soya
- Women purchase small household items (e.g, soap, food, clothes) and pay maize mill services
- Women travel outside villages by themselves
- Women stop doing casual labor

#### Like to see

- Women make suggestions to husbands on household decisions (education, children's marriage, clothes)
- Women dress nicely and look good (have bathed, combed hair, put lotion, clean clothes)
- Women cultivate all crops together with husbands
- Women manage their own income to avoid conflict
- Women negotiate with community leaders for better land to grow their own crops
- Women independently decide on what crop variety to plant or business to start
- Women invest in productive assets and inputs (livestock, seeds and fertilizer) and pay for school fees
- Women negotiate for better marketing terms for agriculture crops
- Women communicate to husbands about sexual needs
- Widowed /divorced women freely choose not to remarry (to maintain financial independence and make own decisions)

#### Love to see

- Women decide independently how to spend their own money
- Women resolve conflicts amicably and in a non-violent way
- Women make their own production decisions around soya and ground nuts
- Women publically speak out against GBV
- Married women consult local leaders for advice on their relationship and problem solving



#### GRADUATED SET OF BEHAVIOR CHANGES FOR MEN IN INDIA

#### Expect to see

- men help women in fetching drinking water and firewood collection
- men support women to adopt improved agricultural practices, to access agricultural tools and information
- men supporting women financially in income generating activities

#### Like to see

- men take up responsibility for household work when women are traveling outside the village
- men work alongside with women in agricultural activities such as transplanting and weeding
- · men share information on household incomes and expenditures with their wives
- men vote and publicly speak for women's leadership position in collectives and in local governance systems

#### Love to see

- men do household work (cooking, cleaning, washing clothes, child care) to reduce their wife's burd
- men wake up early to help with the house hold chores
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- men put the name of their wives as primary title holder in claim applications for forestland rights
- men consume less alcohol and stops violence against women
- men spend more leisure time with their spouses
- men spend more time with their children
- men respect the desires of their counterparts



## Integrating PM into M&E system



- Integrated the gender-indicator framework to the existing M&E systems of Pathways
  - In country data collection in every six months interval
  - Country level data compilation, analysis and reporting
  - Aggregation of data and reporting at global level

## **Aggregation of Results**



## Reporting Process:

- Field agents from CARE and implementing partners collect data at the community level, and it is aggregated by the program team.
- At the country level, data are organized according to Progress
   Marker categories (e.g. "Intimacy and Harmony in the Relationship").

			Progress Markers (Women)													
			Category 1: Gender division of labor &						Category 2:							
			Women ask husbands			Women cultivate			Women ask husbands to				V			
			fe	for support with		together with husbands		allocate a plot for them			inde	pen				
			household tasks		in all crops		to grow groundnut and			wh	at cı					
			(cooking, fetching					soya			plant/bu					
District	Village	Community	firowood and water		2.11						2011					
District	Village	Community	Nil	Low	Mediun	High	Nil	Low	Mediun	High	Nil	Low	Mediun	High	Nil	Lo
Kasungu	Chipokolo	Chipokolo			1				1				1			1
isungu	Chikosa	Chikosa				1				1				1		
ısungu	Kadamanja	Mchenga			1					1				1		
ısungu	Chikwesa	Chikwesa 1				1				1				1		
ısungu	Bwemba	Bwemba			1					1			1			
ısungu	Chikwiya	Chikwiya			1					1			1			
owa	Ndolera	Sintala				1				1			1			
owa	Mwamphira	Kamwana			1					1				1		
owa	Ndagwamo	Ndagwamo				1				1			1			
owa	Sintala	Sintala				1				1			1			
isungu	Chayima	Chayima		1						1			1			1
isungu	Dimi	Dimi			1					1			1			

## **Reporting: Shared Categories**



- The categories are shared across countries, but the indicators could be different.
- So, data can be organized and analyzed by the five pre-defined categories.
- Some indicators are the same across countries (e.g. men collecting firewood and water for their households, or women having mobility to go outside of their community).

## **Creating a Common Reporting Template**



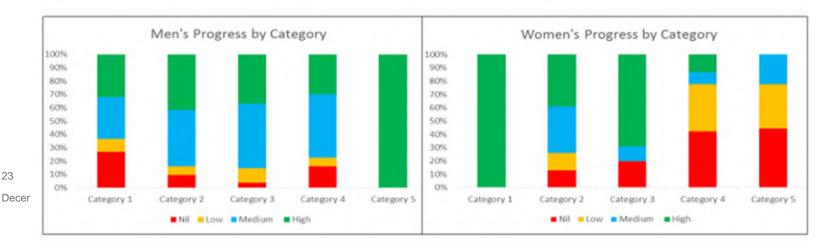
## **Comparison of change**

- -Visualizing data helps us to identify patterns that might not otherwise be obvious.
- -Data are arranged by "expect-like-love" categories and by outcome challenge categories.

### **Data analysis focuses on three important questions:**

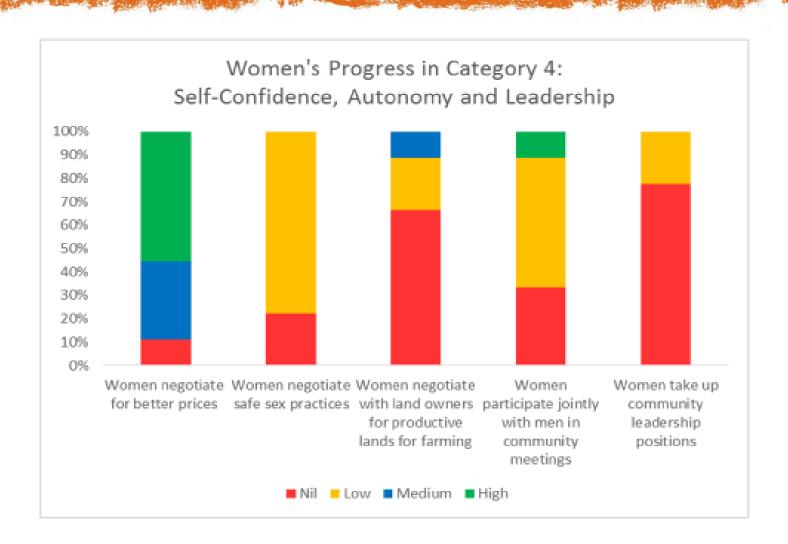
- **-What?** What trends/patterns are we observing?
- -So what? What does that mean? Why might this be happening? Why does it matter for the program?
- **-Now what?** How shall we act on this information?

## **Progress by Category**



## **Creating a Common Reporting Template**





# How useful is the process? – field perspective (Malawi) Appreciate and recognize positive changes



## Women dressing nicely and looking smart

"You can see for yourself how beautiful these women look now"

Village Chief, Malawi





"I used to admire women in collectives dressed smartly when going for usual meetings and that's what compelled me to join. I am now a changed woman"

# Field perspective (Malawi) - risk monitoring and program adjustments





Dialogues around GBV, and control of income were introduced in Malawi based on the PM findings

## Field perspective (Malawi) - from the communities





"We now have a deeper discussion between men and women on observable behavioral changes and factors driving and hindering the changes through this exercise"

"There is need for us to convene more of these meetings so that together with the chief we can deal with alcohol abuse among the youth and young men who insult and abuse their wives a lot when drunk"

"We no longer consider women as second class citizens because they are able to earn money and contribute to household needs just like us men"

## Field perspective (Malawi) - intimacy and harmony in relationship





"I'm not ashamed any more to walk with my wife in public, even coming to todays' gender dialogue session, we walked together"

"In the past, our wives despise the gifts we bought them, but now we must say they are appreciative and this has given us the energy to continue buying them"

"Men resolve conflicts in family amicably and in a non violent way"

## Reflections



## **Staff reflections on the process**

"Can be used for the country program to reflect and understand change"

"Helps communities to better understand gender issues"

"Can help develop better strategies for programs"

"Helps to report better on impact"

"Complementing abstract indicators into real observable & contextualised changes"



"It's especially helpful for the staff/implementers – the process of reflection, the sense of achievement and motivation, understanding why."

-Participant, Gender Indicator Design workshop

## Reflections



- How aften can we change/modify the PMs?
- Is it ok to move PMs out of their categories (expect/like/love)? If so, how often can we change?
- What if some PMs are no longer relevant?
- How to have balance between specific context and broader trend?
- How useful is global analysis of the indicators?
- How do we capture in the narrative the exciting findings in the field, beyond the PM data?

## Challenges



- Staff capacity for in-depth probing
- Leadership buy-in
- Investment in time

Using the tool for dialogue, and not as checklist



## **Related Resources and Contact Information**



## Care Pathways Program: www.carepathwaystoempowerment.org

Contact Info
Pranati Mohanraj

pmohanraj@care.org